

30<sup>th</sup> January 2023

Dear Parent/Guardian,

As a follow up to my previous message regarding swimming your son/ daughter will be participating in swimming lessons **starting on Friday 24<sup>th</sup> February until Friday 31<sup>st</sup> March.**

Swimming lessons will take place during PE lesson time.

Therefore, **students will need to arrive on time to school for 8.25am** where they will meet their PE Teacher at the Banjo area. Students will then be walked to **Seven Islands Leisure Centre** for changing and then a 9am start.

At the end of the swimming lessons students will have time to shower and change before being walked back to school approximately 10.30am for break time.

**To make the most of this opportunity please can you ensure your child has the following:**

- Goggles (*optional*)
- 1 piece swimming costume (girls) or trunks (boys)- in dark colours only -see images attached on next page for examples of swimwear that is permitted
- Towel
- **Swimming cap- COMPULSORY** with the swimming facility regulations
- Plastic bag to put the wet towel and swimming costume in

If you have any questions or require further information, please do not hesitate to contact the school either by ringing 020 7237 1928 or email me directly on [s.dervan@baconcollege.co.uk](mailto:s.dervan@baconcollege.co.uk)

Regards,

**Stephanie Dervan**  
Zi/c PE Bacon's College



# Bacon's College

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Swimwear examples: **Black or navy swimwear only.**



1 PIECE BATHING SUIT



LONG JAMMER SWIMSUIT



SHORT SWIM BRIEFS



BOARD SHORTS SWIMSUIT



RASHGUARD SHIRT



SWIM TRUNK



RELIGIOUS SWIMSUIT

## NOT PERMITTED:



Jean Cut-offs  
Denim Skirts



Boxers  
Underwear  
Lingerie



Cotton T-Shirts  
(WHITE SHIRTS ONLY)



Basketball Shorts



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Bacon's College  
Timber Pond Road  
Rotherhithe  
London  
SE16 6AT

t: 020 7237 1928

f: 020 7237 4501

e: [reception@baconcollege.co.uk](mailto:reception@baconcollege.co.uk)